



Gurnard Sailing Club Training 2010

Cadet Sail Training

Cadet training is open to children in year 4 and above.

Cadets must demonstrate competence at RYA level 1-2 to participate in Thursday evening training, and at least RYA level 3 to participate in Friday evening training. There will be an assessment day on Sat 17th April for cadets identified at the registration night, whose sailing level is uncertain.

Cadets wishing to take the IYWAC beginner's course and then progress to Thursday night training are advised to book both courses before the closing date, as the Thursday night sessions are usually fully subscribed.

The Intermediate racing course for cadets is aimed at those who have completed Start Racing and wish to improve their club racing skills. This course is intended for those who are interested in racing regularly at the club.

Boat hire is available on Thursday evenings for up to 8 cadets, to sail 2 up. Hired dinghies are not available for single-handed sailing. Priority for Pico hire will be given to cadets who have not previously hired Picos for cadet training and who do not own a boat.

Due to the huge popularity of cadet training, applications must be received in writing by Wed 31st March 2010. *Applications will not be accepted on registration night*

Cadet Registration night is Thurs 8th April 7.00pm

Adult Sail Training

Adults are offered RYA level 1&2 and Start Racing courses, and an Intermediate racing course for those with some experience of club racing

Powerboat Training

Powerboat level 2 training is open to adults and cadets age 12 years and over. Safety boat courses are open to those aged 16 and over who have achieved Powerboat level 2.

All training places are allocated on a first come, first served basis.

In addition to formal training, Cadet novice races run every Sunday when there is club racing in May, June and July (10 minute gun at 10.50am) and there are practice sessions most Saturday afternoons in June and July. See the Website for more details.

Dates	Course No.	Description of Course	Approx times	Cost	Pico Hire/person
-------	------------	-----------------------	--------------	------	------------------

Powerboat Courses

Fri evening 16 th , Sat 17 th and Sat 24 th April	PB 1	Power Boat Level 2	Fri 7-9pm 9.30am to 4.30pm	£75	N/A
Fri evening 17 th , Sat 18 th & Sat 25th September	PB2	Power Boat Level 2	Fri 7-9pm 9.30am to 4.30pm	£75	N/A
Sat & Sun July 10 th & 11 th	PBS	Safety Boat Course	9.30am to 4.30pm	£35	N/A

Sailing Courses for Adults

Sat, Sun, Mon 1 st , 2 nd and 3 rd May	A1	Start Sailing for Adult Beginners, RYA level 1+2 (IYWAC)	9.30am to 4.30pm	£90	Included
Sat, 29 th and Sun 30 th May	ASR	RYA Start Racing course for adults	9.15am to 5 pm	£35	£20
Sat 29 th and Sun 30 th May	AINT	Intermediate race training for adults	9.15am to 5pm	£35	£20

Sailing Courses for Cadets

Sats & Suns May 8 th & 9 th , and 15 th & 16 th .	C1	RYA Youth Sailing Scheme stages 1&2 (beginners) (IYWAC)	9.30am to 4.30pm	£90	Included
Thursday evenings May 13 th to July 22 nd	C2	RYA Youth Sailing Scheme. Stages 2,3&4 (improvers) Thursday nights	6.15pm to 8.15pm	£40	£25
Friday evenings May 7 th to July 16 th	CSR	RYA Start Racing course Friday nights	6.15pm to 8.15pm	£40	£35
Friday evenings May 7 th to July 16 th	CIR	RYA Intermediate Racing Course Friday nights	6.15pm to 8.15pm	£40	£35
Saturday afternoons June 19 th and July 3 rd and 17 th	CSAT	RYA Youth Sailing Scheme. Stages 2,3&4 & Start racing Saturday afternoons	1pm to 5.30pm	£40	£25